



110 Valley Road  
 Plymouth, MA 02360  
 (508)888-2634

**SUMMER CAMP HEALTH FORM 2023**

**The original Signatures are required. Completed form must be received soon after registration or at the latest, one week prior to the camp session. Please download Health Form to the Camp's Website.**

Camp Session Dates \_\_\_\_\_ to \_\_\_\_\_  
 Month/Day/Year Month/Day/Year

**The following Health Information is to be filled out by Parent/Guardian/Doctor**

CAMPER Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_ Age at Camp: \_\_\_\_\_  
 Home address \_\_\_\_\_

**Parent/Guardian with legal custody to be contacted in case of emergency**

Name: \_\_\_\_\_ Preferred Phone #'s 1. \_\_\_\_\_ 2. \_\_\_\_\_  
 Email: \_\_\_\_\_

**Second Parent/Guardian or other Emergency Contact**

Name: \_\_\_\_\_ Relationship to Student: \_\_\_\_\_  
 Preferred Phone #'s: 1. \_\_\_\_\_ 2. \_\_\_\_\_ Email: \_\_\_\_\_

**Additional Emergency Contact in the event parent/guardian cannot be reached**

Name: \_\_\_\_\_ Relationship to Student: \_\_\_\_\_  
 Preferred Phone #'s: 1. \_\_\_\_\_ 2. \_\_\_\_\_ Email: \_\_\_\_\_

**Permission to Provide Necessary Treatment or Emergency Care:**

I hereby give permission to the medical personnel selected by the camp director to order x-rays, routine tests, treatment, to release any records necessary for insurance purposes, and to provide or arrange necessary related transportation for me/or my child. In the event I can not be reached in an emergency, I hereby give permission to the physician selected by the camp director to secure and administer treatment, including hospitalization, for the person named above.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Insurance Information – Please fill out completely**

Is the participant covered by family medical/hospital insurance? NO \_\_\_\_\_ YES \_\_\_\_\_

Insurance Company \_\_\_\_\_ Policy/Group number: \_\_\_\_\_

Participant ID number: \_\_\_\_\_ Insurance Co. address: \_\_\_\_\_

Name of insured: \_\_\_\_\_ Relationship to insured: \_\_\_\_\_

Family Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Physician address: \_\_\_\_\_

**Health History**

The following information must be filled out by the parent/guardian. Please provide complete information so Camp can be aware of your needs.

**Medications Taken**

List all medications taken routinely (including over the counter drugs). Supply nurse with enough medications to last the entire camp stay. Keep medications in original bottle/package that identifies the prescribing physicians name, name of medication, dosage and frequency or administration.

Medications	Amount	Time Given
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**\*Please identify and medications taken during the school year that participant does not take during the summer**

\_\_\_\_\_

**Permission for the Administration of Medication**

I hereby give permission for the camp nurse to administer these, and those medication prescribed by the camp physician, for my child. I will be notified by Camp nurse of any prescription medicine prescribed by the camp physician. I also give permission to the camp nurse to provide basic care in case of sudden illness (I.E.: sore throat, fever, cold symptoms) and dispense over the counter medications as needed.

The following is a list of stocked non-prescription medications. Please check those your child could have on an **AS NEEDED BASIS** to manage illness and injury.

- |                               |                        |
|-------------------------------|------------------------|
| Acetaminophen (Tylenol) _____ | Calamine Lotion _____  |
| Ibuprofen _____               | Antibiotic Cream _____ |
| Benadryl _____                | Aloe _____             |
| Cough Drops _____             | Tums _____             |
| Sore Throat Drops _____       |                        |

\_\_\_\_\_  
**\*\*Signature of Parent/Guardian**

\_\_\_\_\_  
**\*\*Date**

**\*\*PARENT GUARDIAN MUST SIGN ABOVE FOR CAMP NURSE TO BE ABLE TO ADMINISTER OVER THE COUNTER MEDICATIONS AS WELL AS PRESCRIPTIONS\*\***

**ALLERGIES**

List all known allergies and describe reaction and treatment of reaction

Medication Allergies	Reaction and Treatment
_____	_____
_____	_____

Food Allergies	Reaction and Treatment
_____	_____
_____	_____

Other:  
\_\_\_\_\_  
\_\_\_\_\_

**DIETARY RESTRICTIONS**

The participant DOES NOT eat the following:

\_\_\_\_\_ Red Meat    \_\_\_\_\_ Poultry    \_\_\_\_\_ Pork    \_\_\_\_\_ Seafood    \_\_\_\_\_ Eggs    \_\_\_\_\_ Dairy Products

Other foods: \_\_\_\_\_

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**GENERAL HEALTH HISTORY – if yes, explain below.**

Has or Does the Camper Have:

	YES,	NO		YES	NO
1. Had a recent injury illness or infectious disease	___	___	11. Have asthma?	___	___
2. Ever been hospitalized?	___	___	12. Ever had seizures?	___	___
3. Ever had surgery?	___	___	13. Ever had chest pain?	___	___
4. Chronic or recurrent illness?	___	___	14. Have frequent ear infections?	___	___
5. Ever had a head injury?	___	___	15. Had high blood pressure?	___	___
6. Been knocked unconscious?	___	___	16. Have heart murmur?	___	___
7. History of headaches?	___	___	17. Any skin problems?	___	___
8. Have diabetes?	___	___	18. Any back problems?	___	___
9. Wear glasses or contacts?	___	___	19. History w/bed wetting?	___	___
10. Had/Have an eating disorder?	___	___	20. Have history fainting or dizziness?	___	___
			21. Been around anyone with covid In the last 14 days?	___	___

**Please explain yes answers only in the spaces below indicated by number**

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Has your child had Chicken Pox? NO \_\_\_\_\_ YES \_\_\_\_\_

Has your child had the Varicella Vaccine (Chicken Pox Vaccine)? NO \_\_\_\_\_ YES \_\_\_\_\_

Has your child had the Covid Vaccine? NO \_\_\_\_\_ YES \_\_\_\_\_ Dates of Vaccine (s): \_\_\_\_\_

Date of last Tetanus Vaccine: \_\_\_\_\_

**\*\*Please attach your child's most recent IMMUNIZATION and history/physical form SIGNED (can be electronically signed) by your child's physician\*\* (This must be attached for students to be allowed onto campus). Medications should be included with a doctor's order on a signed history/physical form.**

Any restrictions to activities YES \_\_\_\_\_ NO \_\_\_\_\_ (If YES, please explain):

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Please note any additional information or suggestions regarding your child which may be helpful:

Emotional Stability: \_\_\_\_\_

Maturity: \_\_\_\_\_

Any personal problems: \_\_\_\_\_

Any behavioral problems: \_\_\_\_\_

Any learning problems: \_\_\_\_\_

**HEALTH CARE RECOMMENDATION BY LICENSED MEDICAL PERSONNEL**

I have examined the above camp participant. Date of last examination: \_\_\_\_\_

The above applicant \_\_\_\_\_ **IS** \_\_\_\_\_ **IS NOT** able to participate in the active camp program.

The applicant is under the care of a physician for the following conditions:

\_\_\_\_\_  
\_\_\_\_\_.

Current treatment at the time of report includes: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_.

**RECOMMENDATIONS AND RESTRICTIONS AT CAMP BOURNE DALE**

Treatment to be continued at camp: \_\_\_\_\_.

Medications to be administered at camp (name, dosage, frequency): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_.

Any medically described meal plan or dietary restrictions: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_.

Known allergies: \_\_\_\_\_

Description of any limitations or restrictions on camp activities: \_\_\_\_\_

Additional information: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_.

**Signature of Licensed Medical Personnel:** \_\_\_\_\_

**Printed name of Licensed Medical Personnel:** \_\_\_\_\_

Title: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_